

GOAL 2: ZERO HUNGER

End hunger, achieve food security and improved nutrition and promote sustainable agriculture



PURPOSE

To explore the causes of global hunger.

MATERIALS

- A range of food items
- 'Why are people hungry' worksheet per group (see next page for worksheet)
- Seeds, compost, planters or a growing bed, trowels

DISCUSSION (10 MINUTES)

Display the food items. Discuss where the food is from and how it gets to us. Look at the different countries where items have been grown or produced. Is there anything that surprises them? We mainly buy our food not grow it and it comes from countries all over the world.

READ (15 MINUTES)

In groups, read the worksheet then list reasons why people are hungry, based on the stories. People are hungry because

they have no money, they have no land, there is fighting in their country, they are not paid fairly for what they do or what they grow.

Ask each group to think of possible solutions to these problems. They may suggest that growing their own food would help, or you could add it to the list and see what they think.

GROW (ABOUT 30 MINS, THEN FOLLOW UP OVER 3-4 MONTHS)

Give each group a planter or a patch of ground, seeds and compost. Encourage them to research the seeds they have planted and how to take care of them. Challenge the groups to see who can grow the tallest, biggest, tastiest. What do they need to consider when taking care of their plants?

WORKSHEET FOR GOAL 2

ZERO HUNGER



Why are people hungry worksheet

'We had a small piece of land where we could grow rice to eat. But it was taken by a company growing fruit to sell abroad.'

Maria, the Philippines

'We grow a little coffee to earn money for food and clothes. But we are paid very little for it and so we cannot buy much.'

Silvia, Peru

'Sometimes I only have enough money to buy food for the baby. Then I have nothing to eat.'

Annie, a young mother from Leeds

'Anthony was driven from his land by fighting. My house, my sugar cane and my orange trees were all burnt.'

Anthony, Kenya

'I did not have breakfast this morning. The shops are full of food, but I have no money to buy anything.'

John, England

'My husband lost his job. There's not much food now. It's two weeks since we had meat.'

Marinalva, Brazil

Adapted from

www.oxfam.org.uk/education/resources/making-a-meal-of-it

SUMMARY



Summary

GOAL 2

Some of the targets relate to small-scale farming and the environment. It's important that food is grown near to the people who need to eat it and that the farming methods are sustainable. This goal considers how food is traded, so that it works for the people who grow the food and those who buy it.

It's a good idea to introduce this topic alongside other food related activities, as this will help the young people to connect their own eating and shopping habits to global issues.

TARGETS

- Ensure everyone can eat all year round.
- Ensure no one is malnourished, and that children, pregnant and breast-feeding women and old people, all have the food they need.
- Increase production by small food producers.
- Ensure farming isn't harming the environment and that farming methods can cope with the needs of climate change and disasters.

- Spend more money in supporting farming and food production in developing countries.
- Make sure food is traded fairly around the world.
- Make sure food markets allow people to get the food that has been produced while it's still good, and to make sure there's a steady supply so that prices can be stable and predictable.

ACTIVITY

Explore where food comes from and why people are hungry. Reconnect with where food comes from by growing your own.

TAKE IT FURTHER

● Research local shops which sell organic, local or fairly traded food.

GO TO GOAL 3 