

GOAL 1: NO POVERTY



40 MINUTES

1 NO POVERTY



End poverty in all its forms, everywhere

PURPOSE

To think about what things are considered 'common' and 'necessary' for a young person to have a good life in Scotland.

MATERIALS

Set of 'common' and 'necessary' cards per group (see next page for worksheet)

ACTIVITY (30 MINUTES)

Ask the group what they think it means to be poor? In the UK, more than 1 in 4 children live in poverty. We are going to explore what this means.

Give each group a set of 'common' or 'necessary' cards. Explain that after basic needs have been met, how important do they consider the other things on the cards.

Can they order them from 'essential' to 'not important'?

DISCUSSION (10 MINUTES)

Discuss how 'common' or 'necessary' they consider the things on the cards.

How would they feel if they didn't have these things?

Would you share how you feel with your friends?

Why might you try to hide thoughts and feelings if you were poor?

How can we help people to share their problems?

Communication is a very important step in addressing problems, whether it's one person sharing a problem with another or someone bringing an issue to the attention of people who can influence change. Try to encourage empathy as a key skill here.

WORKSHEET



WORKSHEET FOR GOAL 1

NO POVERTY



What is 'common' and 'necessary' cards

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Regular leisure activities (swimming, playing
an instrument, participating in youth organisations)
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.....
Three meals and fresh fruit or vegetables every day
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Indoor games
.....

.....
An internet connection
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Two pairs of properly fitting shoes
.....

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At least one meal a day with meat, chicken or fish,
or a vegetarian equivalent
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.....
Money to participate in school trips and events
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.....
Books at home (not including school books)
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.....
A quiet place with enough room and light to do homework
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.....
Some new clothes i.e. not all second-hand
.....

.....
Outdoor play equipment (bicycle, roller skates)
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The opportunity to have friends home to play and eat
.....

.....
The opportunity to celebrate special occasions
such as birthdays
.....

SUMMARY

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GOAL 1

There are some general targets for this goal, like reducing the number of people affected by poverty and encouraging more government spending. The other targets address social and infrastructure changes which help to eliminate poverty, like social protection, support to run business and targeted development programmes. When introducing this goal to your young people, you should be sensitive to their own circumstances, as poverty is not only something which affects other people somewhere else.

TARGETS

- No one lives in extreme poverty.
- Reduce by half the number of people living in poverty of any kind.
- Social protection, e.g. unemployment benefits, and free housing and health care, for people who need it most.
- Give people the chance to own property, run businesses, and take part in the economy, so that they have a chance to earn money and contribute.

- Housing and infrastructure can cope with disasters so that the poorest people are no more negatively affected than others in society.
- Support countries with high levels of poverty to put in place development programmes that will enable them to end poverty.
- Get governments to agree to spend more money on programmes and projects that work to end poverty.

ACTIVITY

Work with a set of cards to consider what things are 'necessary' and 'common' for young people living in Scotland.

TAKE IT FURTHER

➤ The **Child Poverty Action Group** and **Save the Children** both work in Scotland to improve the lives of children and young people living in poverty. Find out more about the work of these organisations.

GO TO GOAL 2 